



UCSI UNIVERSITY IS PROUD TO BE THE FIRST UNIVERSITY IN MALAYSIA TO OFFER TO DOCTORS A MASTER'S IN ANTI-AGING, AESTHETICS & REGENERATIVE MEDICINE.

Society for Anti-Aging Aesthetic
SAAAARMM
Regenerative Medicine Malaysia

MQA
Agensi Kelayakan Malaysia
Malaysian Qualifications Agency

AM
AMERICAN BOARD OF
ANTI-AGING
MEDICINE

WORLD ANTI-AGING
WAAAM
ACADEMY OF MEDICINE



AMERICAN BOARD OF
ANTI-AGING
Regenerative
Medicine

Established since 1986, UCSI University is situated on a sprawling 19-acre piece of land in Kuala Lumpur and features a purpose-built campus to accommodate a population of 15,000 students. While the main campus is strategically located in Kuala Lumpur, its 2 other campuses are spread out in three different states; and are equipped with high-tech facilities to meet student needs.

With a wide spectrum of degrees and postgraduate programmes offered ranging from Medicine and Pharmacy to Music Multimedia and the Liberal Arts, UCSI University stands tall among several Malaysian higher learning private institutions as the most comprehensive private Malaysian university.



UCSI University Kuala Lumpur Campus (North Wing)

A unique Master's programme for Doctors by the School of Anti-aging, Aesthetics and Regenerative Medicine.

The anti-aging, aesthetics and regenerative medicine is a billion dollar industry and is currently booming.

This is your opportunity to be at the forefront of this revolution!



With a thriving anti-aging and aesthetic market, South-East Asia is at the heart of a growing wave of medical tourism and is a popular destination for patients, doctors and providers of anti-aging and aesthetic medicine products and treatments.

In view of the rapidly expanding interest shown by doctors in this field, UCSI University is launching its Master's of Science in Anti-aging, Aesthetics and Regenerative Medicine with its first intake in January 2011. This unique first of its kind programme in Malaysia and in the world has obtained full Malaysian Qualifications Agency (MQA) accreditation in consultation and agreement with the Ministry of Health, and is an ideal and essential platform for doctors to be trained in this field.

Under the Faculty of Medical Sciences, the Master's of Science in Anti-aging, Aesthetics and Regenerative Medicine has three intakes a year – in January, May and in September with admission open to both local and international doctors. Aimed at both new and experienced medical doctors, this two year part-time programme represents a one-stop centre and a single point entry for all doctors interested in this field. Catered for busy individuals, doctors would only need to commit a 3-5 day stretch in a month.

Training involves lectures, tutorials, webinars, practical sessions by local and international experts; access to the latest publications, studies and researches; and continuing medical education, training and support. Students of this programme will have access to seminars, workshops and connections with leading anti-aging association as well as strong alumni and networking benefits. Emphasis is placed on training doctors to practise this specialty within the ethical and legal boundaries and in line with the Ministry of Health guidelines. There will also be workshops to train doctors to develop and market successful and profitable anti-aging and aesthetic practices, and how to tie patients to their practice.

We are affiliated to the world's leading anti-aging organization, the American Board of Anti-aging and Regenerative Medicine, with its founders as our university visiting professors. Our close collaborations with St. Elizabeth University, Bratislava, would enable our students to participate in research with opportunities for publishing their work in international journals.

Career Opportunities for Doctors

This Master's Programme is the key to opening different doors in the medical healthcare industry with innumerable career growth opportunities for doctors.

Some of the possible future career pathways are as follows:

- Mainstream Doctors - General practitioners, hospital doctors and family physicians
- Researchers
- Educationist-Professors, lecturers and speakers at local and international conferences
- Business / Medical Consultants, Advisors or Medical Directors of clinics, hospitals, companies

Minimum Entry Qualification

For Malaysian candidates: Medical qualification and at least one year of post registration clinical experience approved by the Senate.

For foreign candidates: An active medical license in the state, province or nation where the applicant resides, and satisfies the Department's requirements for an entrance evaluation.

English Requirements

Possesses at least IELTS Band 6 or TOEFL 550 if the first degree is from a non-English medium university, OR Passed the University-approved English Language proficiency test

Assessments

Students are continuously assessed on assignments, log book recordings, practicals and case studies.

There are 3 Project papers and 3 written exams for the modules of Anti-aging, Aesthetics and Regenerative medicine respectively.

Advantages of joining UCSI University's Master's in Anti-aging, Aesthetics and Regenerative Medicine:

- The only anti-aging and aesthetics training programme in Malaysia to receive approval from the Malaysian Qualifications Agency
- Complimentary access to a local anti-aging conference where students will be encouraged to participate by submitting poster presentations
- Join 'Masterclass' workshops in Aesthetics to learn more advanced techniques in this field
- Learn the Ministry of Health Guidelines on the practice of Anti-aging, Aesthetics and Regenerative Medicine
- Learn from a business expert on how to tap into the billion dollar market and develop a successful and profitable anti-aging and aesthetic practice
- Acquire the legal knowledge to practise this new specialty safely, ethically and within the boundaries of the law
- Mentor-mentee programme where doctors can observe and obtain first-hand experience in a clinic setting
- Training and certification on 'Good Clinical Practice' by Clinical Research Centre (CRC), Ministry of Health so doctors can learn about and participate in research



Academic Pathway

Year 1

MODULE 1

Academic Communication, Ministry of Health Guidelines, Legal Basics in Medical Tourism, Health Promotion and Wellness Industry, Marketing and Branding Tactics to develop a Profitable Practice

MODULE 2

Research Methodology for Scientists, Medical Ethics, Confidentiality, Good Clinical Practice Certification, Design, Analyze and Monitor Clinical Trials, Opportunities for Research and Publication

MODULE 3-5

Anti-Aging Medicine: Systemic Evaluations of Accelerated Aging: History, Physical Examination, Investigations and Diagnosis, Diet, Exercise and Sports Medicine in Aging, Stress, Nutritional Medicine, Hormonal Deficiency and Supplementation, Preventative Medicine and Life Extension, Aging Diseases, Free Radicals, Oxidation, Aging Immune System, Environmental Medicine, Toxins and Heavy Metals

MODULE 6

Masters Project Paper in Anti-Aging

MODULE 7-9

Aesthetic Medicine: Ethics, Anatomy and Functional Advancement, Aging Process of Skin, Skin Analysis, Laser and Light-Based Therapy and Applications, Microdermabrasion, Chemical Peels, Fillers, Botox, Cosmetic Interventions, Hormones and the Skin, Skin Nutrition, Rejuvenation Techniques, Acne, Scar and Pigmentation Management, Other Minimally Invasive Aesthetic Procedures

Year 2

MODULE 10

Masters Project Paper in Aesthetics

MODULE 11

Regenerative Medicine: Molecular Cell Biology and Genetics, Stem Cells, Immunology, Clinical Application and Oncology, Nanotechnology

MODULE 12

Masters Project Paper in Regenerative Medicine

Medical Doctors
with a valid
license



Frequently Asked Questions

- 1) Does the Ministry of Health, Malaysia recognise the UCSI University Master's of Science in Anti-aging, Aesthetics and Regenerative Medicine Degree?

This Master's of Science Degree enjoys full accreditation from the Malaysian Qualifications Agency. As this programme is aimed at doctors, full approval was granted only after consultation with the Ministry of Health, Malaysia.

- 2) What are the advantages of pursuing a degree that is approved by the Malaysian authorities?

The advantage of pursuing an MQA accredited programme is the certainty that the programme is quality assured and is in line with the required standards and criteria, as well as being in compliance with the Malaysian Qualifications Framework (MQF).

MQA accreditation is one of the major considerations listed by international students before enrolling in a programme. Foreign authorities are more likely to consider sponsoring their students to pursue accredited programmes recognised by the Malaysian government. Another advantage of the MQA accreditation is that it facilitates students obtaining study loans.

- 3) Is the UCSI University Master's in Anti-aging, Aesthetics and Regenerative Medicine recognized by the Malaysian Medical Council?

As this is a "Master's of Science" degree, it does not require approval by the Malaysian Medical Council.

- 4) Can a doctor still join the Programme if they have just missed the intake dates?

Although we have three fixed intakes in a year, doctors who are interested are advised to contact the School of Anti-aging, Aesthetics and Regenerative Medicine.

- 5) I am a busy doctor with many commitments. How will I fit the Master's of Science programme into my schedule?

We are aware that doctors have very tight schedules. Thus, our programme which was developed to accommodate that, will have block teaching days (3-5 days) once a month on a weekend, so as not to affect the doctors' work. This will also ensure doctors from around the region will be able to attend the classes. 3 months is allocated for each project paper to be completed and there will be no classes during that time. There will also be substantial online support for coursework, assignments and notes.

- 6) Are there any external attachments integrated in this Programme? Does this Master's of Science degree provide opportunities for me to develop my career in this field abroad?

We are in collaboration with the University of St. Elizabeth at Bratislava where students following this programme can participate in 'student exchange programmes'. We plan to have many more such collaborations to increase opportunities for our doctors to train with other international experts. Doctors who have enrolled in this Programme can obtain more information from our School of Anti-aging, Aesthetics and Regenerative Medicine.

- 7) What other facilities does UCSI University provide for students pursuing this Master of Science degree?

Students who are unable to implement their case studies at their workplace may refer to our facilities. We have a skin and wellness centre where students of this programme may consult with patients, and an adjoining modern pathology laboratory for blood testing. More information may be obtained from our school.

- 8) Does UCSI University provide me and my practice ongoing support even after I have completed my degree?

We will continue supporting our doctors to ensure they achieve success through partnerships and linkages with other like-minded professionals and experts in this field. We will continue to provide our graduates with the latest information on products, discoveries and research activities through our alumni network, websites, workshops and conferences.

- 9) What can I do with this degree? Is it in demand?

The anti-aging market alone was valued at 115.5 billion US dollars (approximately RM400 billion) worldwide this year, with the aesthetics and stem cell market close on its heels. This comparatively young and new field is expanding rapidly with a wide array of new business development opportunities. Due to the ample career opportunities, mainstream physicians and general practitioners are looking to train in this field. With experts expecting a boom in the anti-aging, aesthetics and regenerative medicine industry, it would be the best time for doctors to expand their horizons to embrace this new speciality.

- 10) How important is it for me to join the UCSI University School of Anti-aging, Aesthetics and Regenerative Medicine Alumni after I graduate?

The UCSI University School of Anti-aging, Aesthetics and Regenerative Medicine has many alumni benefits for its graduates. As our School expands, we look to our future graduates for potential lecturers and academic staff. Our Alumni will also create an opportunity for you to meet, network and work with other like-minded health care professionals, not only locally, but also from abroad. You will be involved in our continuing medical education activities, joint research projects, and we will also keep you posted on the latest updates in this field.

- 11) I am very keen to enrol but I do not qualify for the master's programme yet. Are there any options for me?

Yes there are other options that you can explore. You can obtain a certificate of completion for each module by attending the classes and complete the coursework without doing the project paper. When you enroll for the Master's programme in the future, you will be exempted from the subjects that you have done.

For enquiries on the programme, enrolment or for the next programme preview please contact:

- Dr Deepali Sharma (Associate Dean and Head of School of Anti-aging, Aesthetics and Regenerative Medicine) 03 9101 8880 extension 5082 (deepali@ucsi.edu.my)
- Ms Yusanidza (Course Administrator) 03 9101 8880 extension 5084 (yusanidza@ucsi.edu.my)



www.ucsi.edu.my/onlineenquiry

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