

# Current and Relevant Publications on Vitamins, Carotenoids and Other Health Ingredients

## Update January 2008

### Antioxidants

#### [High altitude and oxidative stress.](#)

Dosek A, Ohno H, Acs Z, Taylor AW, Radak Z.  
Respir Physiol Neurobiol. 2007 Sep 30;158(2-3):128-31. Epub 2007 Mar 31.  
Review.

#### [The interaction between coronary endothelial dysfunction, local oxidative stress, and endogenous nitric oxide in humans.](#)

Lavi S, Yang EH, Prasad A, Mathew V, Barsness GW, Rihal CS, Lerman LO, Lerman A.  
Hypertension. 2008 Jan;51(1):127-33.

#### [Antioxidants, minerals, vitamins, and herbal remedies in tinnitus therapy.](#)

Enrico P, Sirca D, Mereu M.  
Prog Brain Res. 2007;1323-30. Review.

#### [Reduction of serum antioxidative capacity during hemodialysis.](#)

Nakayama K, Terawaki H, Nakayama M, Iwabuchi M, Sato T, Ito S.  
Clin Exp Nephrol. 2007 Sep;11(3):218-24. Epub 2007 Sep 28.

#### [Antioxidant strategies based on tomato-enriched food or pyruvate do not affect disease onset and survival in an animal model of amyotrophic lateral sclerosis.](#)

Esposito E, Capasso M, di Tommaso N, Corona C, Pellegrini F, Uncini A, Vitagliano P, Fogliano V, Piantelli M, Sensi SL.  
Brain Res. 2007 Sep 7;1190-6. Epub 2007 Jul 31.

#### [Increased levels of 8-hydroxydeoxyguanosine and its relationship with lipid peroxidation and antioxidant vitamins in lung cancer.](#)

Çalışkan-Can E, Fırat H, Ardiç S, Simşek B, Torun M, Yardım-Akaydin S.  
Clin Chem Lab Med. 2008 Jan;46(1):107-112.

Oxidative stress and matrix metalloproteinase-9 in acute ischemic stroke:  
the Biomarker Evaluation for Antioxidant Therapies in Stroke (BEAT-Stroke)  
study.

Kelly PJ, Morrow JD, Ning M, Koroshetz W, Lo EH, Terry E, Milne GL, Hubbard J, Lee H, Stevenson E, Lederer M, Furie KL. Stroke. 2008 Jan;39(1):100-4. Epub 2007 Dec 6.

Antioxidant therapy to prevent preeclampsia: a randomized controlled trial.

Spinnato JA 2nd, Freire S, Pinto E Silva JL, Cunha Rudge MV, Martins-Costa S, Koch MA, Goco N, Santos Cde B, Cecatti JG, Costa R, Ramos JG, Moss N, Sibai BM.

Obstet Gynecol. 2007 Dec;110(6):1311-8.

Repeated red wine consumption and changes on plasma antioxidant capacity  
and endogenous antioxidants (uric acid and protein thiol groups).

Otaolaurrechi E, Fernández-Pachón MS, González AG, Troncoso AM, García-Parrilla MC.

J Agric Food Chem. 2007 Nov 14;55(23):9713-8. Epub 2007 Oct 18.

Antioxidant and antimicrobial activities of native Rosa sp. from British Columbia, Canada.

Yi O, Jovel EM, Towers GH, Wahbe TR, Cho D. Int J Food Sci Nutr. 2007 May;58(3):178-89.

Effect of the main dietary antioxidants (carotenoids, gamma-tocopherol,  
polyphenols, and vitamin C) on alpha-tocopherol absorption.

Reboul E, Thap S, Perrot E, Amiot MJ, Lairon D, Borel P. Eur J Clin Nutr. 2007 Oct;61(10):1167-73. Epub 2007 Jan 31.

## Vitamin A

Functional implication of the vitamin A signaling pathway in the brain.

Tafti M, Ghyselinck NB. Arch Neurol. 2007 Dec;64(12):1706-11. Review.

Serum retinol-binding protein 4 concentration and its ratio to serum retinol  
are associated with obesity and metabolic syndrome components in  
children.

Aeberli I, Biebinger R, Lehmann R, Lallemand D, Spinas GA, Zimmermann MB.

J Clin Endocrinol Metab. 2007 Nov;92(11):4359-65. Epub 2007 Aug 28.

Are opportunities for vitamin A supplementation being utilised at primary  
health-care clinics in the Western Cape Province of South Africa?

Hendricks M, Beardsley J, Bourne L, Mzamo B, Golden B. Public Health Nutr. 2007 Oct;10(10):1082-8. Epub 2007 Mar 15.

Vitamin A: a drug for prevention of restenosis/reocclusion after percutaneous coronary intervention?

Gidlöf AC, Ocaya P, Krivospitskaya O, Sirsjö A.  
Clin Sci (Lond). 2008 Jan;114(1):19-25. Review.

Vitamin A supplementation to prevent mortality and short and long-term morbidity in very low birthweight infants.

Darlow BA, Graham PJ.  
Cochrane Database Syst Rev. 2007 Oct 17;(4):CD000501. Review.

Estimating the global costs of vitamin A capsule supplementation: a review of the literature.

Neidecker-Gonzales O, Nestel P, Bouis H.  
Food Nutr Bull. 2007 Sep;28(3):307-16. Review.

Ingestion of excessive preformed vitamin A by mothers amplifies storage of retinyl esters in early fetal livers of captive Old World monkeys.

Mills JP, Terasawa E, Tanumihardjo SA.  
Comp Med. 2007 Oct;57(5):505-11.

Determinants of high vitamin A supplementation coverage among pre-school children in Mali: the National Nutrition Weeks experience.

Ayoya MA, Bendech MA, Baker SK, Ouattara F, Diané KA, Mahy L, Nichols L, Touré A, Franco C.  
Public Health Nutr. 2007 Nov;10(11):1241-6. Epub 2007 Feb 27.

## Vitamin B12

Age-related hearing loss, methylmalonic acid, and vitamin B12 status in older adults.

Park S, Johnson MA, Shea-Miller K, De Chicchis AR, Allen RH, Stabler SP.  
J Nutr Elder. 2006;25(3-4):105-20.

[Cobalamin metabolism disorders in adult patients]

Thauvin-Robinet C, Roze E.  
Rev Neurol (Paris). 2007 Oct;163(10):911-8. Review. French.

## Vitamin B2

Riboflavin status in acute ischaemic stroke.

Gariballa S, Ullegaddi R.  
Eur J Clin Nutr. 2007 Oct;61(10):1237-40. Epub 2007 Feb 7.

## Vitamin B6

### Vitamin B6 related epilepsy during childhood.

Wang HS, Kuo MF.

Chang Gung Med J. 2007 Sep-Oct;30(5):396-401. Review.

### Vitamin B6 treatment for tardive dyskinesia: a randomized, double-blind, placebo-controlled, crossover study.

Lerner V, Miodownik C, Kaptzan A, Bersudsky Y, Libov I, Sela BA, Witztum E. J Clin Psychiatry. 2007 Nov;68(11):1648-54.

## Folic acid

### Food fortification with folic acid: has the other shoe dropped?

Solomons NW.

Nutr Rev. 2007 Nov;65(11):512-5. Review.

### Folic acid fortification and supplementation--good for some but not so good for others.

Kim YI.

Nutr Rev. 2007 Nov;65(11):504-11. Review.

### Prevalence of neural tube defects and folic acid knowledge and consumption--Puerto Rico, 1996-2006.

Centers for Disease Control and Prevention (CDC).

MMWR Morb Mortal Wkly Rep. 2008 Jan 11;57(1):10-3.

### Trends in wheat-flour fortification with folic acid and iron--worldwide, 2004 and 2007.

Centers for Disease Control and Prevention (CDC).

MMWR Morb Mortal Wkly Rep. 2008 Jan 11;57(1):8-10.

### Use of supplements containing folic acid among women of childbearing age--United States, 2007.

Centers for Disease Control and Prevention (CDC).

MMWR Morb Mortal Wkly Rep. 2008 Jan 11;57(1):5-8.

### In vitamin B12 deficiency, higher serum folate is associated with increased total homocysteine and methylmalonic acid concentrations.

Selhub J, Morris MS, Jacques PF.

Proc Natl Acad Sci U S A. 2007 Dec 11;104(50):19995-20000. Epub 2007 Dec 4.

### Maternal gene polymorphisms involved in folate metabolism and risk of Down syndrome offspring: a meta-analysis.

Zintzaras E.

J Hum Genet. 2007;52(11):943-53. Epub 2007 Oct 13.

Novel therapeutics for depression: L-methylfolate as a trimonoamine modulator and antidepressant-augmenting agent.

Stahl SM.

CNS Spectr. 2007 Oct;12(10):739-44. Review. No abstract available.

[Cystathione betasynthase and MTHFR deficiencies in adults]

Cohen Aubart F, Sedel F, Papo T.

Rev Neurol (Paris). 2007 Oct;163(10):904-10. Review. French.

Thymidylate synthase polymorphisms, folate and B-vitamin intake, and risk of colorectal adenoma.

Hubner RA, Liu JF, Sellick GS, Logan RF, Houlston RS, Muir KR.

Br J Cancer. 2007 Nov 19;97(10):1449-56. Epub 2007 Oct 30.

Homocysteine and diabetic retinopathy.

Brazionis L, Rowley K Sr, Itsopoulos C, Harper CA, O'Dea K.

Diabetes Care. 2008 Jan;31(1):50-6. Epub 2007 Sep 26.

Folic acid transport via high affinity carrier-mediated system in human retinoblastoma cells.

Kansara V, Paturi D, Luo S, Gaudana R, Mitra AK.

Int J Pharm. 2007 Dec 23; [Epub ahead of print]

Reassessing folic acid consumption patterns in the United States (1999-2004): potential effect on neural tube defects and overexposure to folate.  
Quinlivan EP, Gregory JF 3rd.  
Am J Clin Nutr. 2007 Dec;86(6):1773-9.

Responses of biomarkers of folate and riboflavin status to folate and riboflavin supplementation in healthy and colorectal polyp patients (the FAB2 Study).

Powers HJ, Hill MH, Welfare M, Spiers A, Bal W, Russell J, Duckworth Y, Gibney E, Williams EA, Mathers JC.

Cancer Epidemiol Biomarkers Prev. 2007 Oct;16(10):2128-35.

Homocysteine, folic acid and vitamin B12 concentration in patients with recurrent miscarriages.

Sikora J, Magnucki J, Zietek J, Kobielska L, Partyka R, Kokocińska D, Białas A.

Neuro Endocrinol Lett. 2007 Aug;28(4):507-12.

Micronuclei in diabetes: folate supplementation diminishes micronuclei in diabetic patients but not in an animal model.

Zúñiga-González GM, Batista-González CM, Gómez-Meda BC, Ramos-Ibarra ML, Zamora-Perez AL, Muñoz-Magallanes T, Ramos-Valdés C, Gallegos-Arreola MP.

Mutat Res. 2007 Dec 1;634(1-2):126-34. Epub 2007 Jun 28.

Circulating homocysteine levels in patients with type 2 diabetes mellitus.  
Ndrepepa G, Kastrati A, Braun S, Koch W, Kölling K, Mehilli J, Schömig A.  
Nutr Metab Cardiovasc Dis. 2008 Jan;18(1):66-73. Epub 2006 Oct 5.

### Nicotinic acid

Nicotinic acid and other therapies for raising high-density lipoprotein.  
Carlson LA.  
Curr Opin Cardiol. 2006 Jul;21(4):336-44. Review.

### Vitamin C

A case of scurvy in Singapore in the year 2006.  
Mak WM, Thirumoorthy T.  
Singapore Med J. 2007 Dec;48(12):1151-5.

Vitamin C protective plasma value.  
Krajcovicova-Kudlackova M, Babinska K, Valachovicova M, Paukova V,  
Dusinska M, Blazicek P.  
Bratisl Lek Listy. 2007;108(6):265-8.

High-dose ascorbic acid infusion abolishes chronic vasoconstriction and restores resting leg blood flow in healthy older men.  
Jablonski KL, Seals DR, Eskurza I, Monahan KD, Donato AJ.  
J Appl Physiol. 2007 Nov;103(5):1715-21.

Oral ascorbic acid in combination with beta-blockers is more effective than beta-blockers alone in the prevention of atrial fibrillation after coronary artery bypass grafting.  
Eslami M, Badkoubeh RS, Mousavi M, Radmehr H, Salehi M, Tavakoli N, Avadi MR.  
Tex Heart Inst J. 2007;34(3):268-74.

Fat transforms ascorbic acid from inhibiting to promoting acid-catalysed N-nitrosation.  
Combet E, Paterson S, Iijima K, Winter J, Mullen W, Crozier A, Preston T, McColl KE.  
Gut. 2007 Dec;56(12):1678-84. Epub 2007 Sep 4.

Separation and simultaneous determination of uric acid and ascorbic acid on a dynamically modified poly(dimethylsiloxane) microchip.  
Qiu J, Hu P, Liang R.  
Anal Sci. 2007 Dec;23(12):1409-14.

Failure of ascorbic acid to prevent contrast-media induced nephropathy in patients with renal dysfunction.  
Boscheri A, Weinbrenner C, Botzek B, Reynen K, Kuhlisch E, Strasser RH.  
Clin Nephrol. 2007 Nov;68(5):279-86.

[Effect of vitamin C supplementation on stroke recovery: a case-control study.](#)

Rabadi MH, Kristal BS.  
Clin Interv Aging. 2007;2(1):147-51.

[Nanostructures from alkyl vitamin C derivatives \(ASCn\): properties and potential platform for drug delivery.](#)

Palma S, Manzo R, Lo Nostro P, Allemandi D.  
Int J Pharm. 2007 Dec 10;345(1-2):26-34. Epub 2007 Sep 19. Review.

[Stability of whole blood and plasma ascorbic acid.](#)

Karlsen A, Blomhoff R, Gundersen TE.  
Eur J Clin Nutr. 2007 Oct;61(10):1233-6. Epub 2007 Feb 7.

## Vitamin D

[Serum 25\(OH\)-vitamin D concentration and risk of esophageal squamous dysplasia.](#)

Abnet CC, Chen W, Dawsey SM, Wei WQ, Roth MJ, Liu B, Lu N, Taylor PR, Qiao YL.  
Cancer Epidemiol Biomarkers Prev. 2007 Sep;16(9):1889-93.

[Vitamin D deficiency may play a role in depression.](#)

Berk M, Sanders KM, Pasco JA, Jacka FN, Williams LJ, Hayles AL, Dodd S.  
Med Hypotheses. 2007;69(6):1316-9. Epub 2007 May 11.

[Vitamin D: the sun as an essential source.](#)

Cohn BA.  
J Am Acad Dermatol. 2008 Jan;58(1):177-8. No abstract available.

[Calcium and vitamin D for prevention of osteoporotic fractures.](#)

Freyschuss B, Ljunggren O, Saaf M, Mellstrom D, Avenell A.  
Lancet. 2007 Dec 22;370(9605):2098-9; author reply 2099. No abstract available.

[Vitamin D status and bone biomarkers in childhood cancer.](#)

Atkinson SA.  
Pediatr Blood Cancer. 2008 Feb;50(2 Suppl):479-82; discussion 486. Review.

[Effect of annual intramuscular vitamin D on fracture risk in elderly men and women--a population-based, randomized, double-blind, placebo-controlled trial.](#)

Smith H, Anderson F, Raphael H, Maslin P, Crozier S, Cooper C.  
Rheumatology (Oxford). 2007 Dec;46(12):1852-7. Epub 2007 Nov 12.

The vitamin D paradox.

Francis RM.

Rheumatology (Oxford). 2007 Dec;46(12):1749-50. Epub 2007 Nov 12. No abstract available.

Vitamin D status in renal transplant recipients.

Stavroulopoulos A, Cassidy MJ, Porter CJ, Hosking DJ, Roe SD.  
Am J Transplant. 2007 Nov;7(11):2546-52. Epub 2007 Oct 1.

Bone health in patients with brain tumors.

Da Silva AN, Heras-Herzig A, Schiff D.  
Surg Neurol. 2007 Nov;68(5):525-33; discussion 533. Epub 2007 Sep 6.  
Review.

CYP2R1 (vitamin D 25-hydroxylase) gene is associated with susceptibility to type 1 diabetes and vitamin D levels in Germans.

Ramos-Lopez E, Brück P, Jansen T, Herwig J, Badenhoop K.  
Diabetes Metab Res Rev. 2007 Nov;23(8):631-6.

Vitamin D deficiency in a multinational refugee population.

Wishart HD, Reeve AM, Grant CC.  
Intern Med J. 2007 Dec;37(12):792-7. Epub 2007 May 21.

Meta-analysis: vitamin D compounds in chronic kidney disease.

Palmer SC, McGregor DO, Macaskill P, Craig JC, Elder GJ, Strippoli GF.  
Ann Intern Med. 2007 Dec 18;147(12):840-53.

Effect of calcium and vitamin D supplementation on bone mineral density in children with inflammatory bowel disease.

Benchimol EI, Ward LM, Gallagher JC, Rauch F, Barrowman N, Warren J,  
Beedle S, Mack DR.  
J Pediatr Gastroenterol Nutr. 2007 Nov;45(5):538-45.

Fractures and handicap in an adult population: A clinical study.

Chevrel G, Limouzin A, Garner P, de Montalivet C, Loubier D.  
Joint Bone Spine. 2007 Dec;74(6):584-9. Epub 2007 Aug 15.

Renal cell carcinoma in a child presented as bilateral femur neck fractures caused by severe vitamin D deficiency.

Aviner S, Dabby D, London D, Feinmesser M, Ash S, Steinberg R, Jakim I.  
J Pediatr Hematol Oncol. 2007 Dec;29(12):848-50.

Effectiveness and safety of vitamin D in relation to bone health.

Cranney A, Horsley T, O'Donnell S, Weiler H, Puil L, Ooi D, Atkinson S, Ward L, Moher D, Hanley D, Fang M, Yazdi F, Garrity C, Sampson M, Barrowman N, Tsirtsadze A, Mamaladze V.  
Evid Rep Technol Assess (Full Rep). 2007 Aug;(158):1-235. Review.

Vitamin D for cancer prevention: valid assertion or premature anointment?

Ojha RP, Felini MJ, Fischbach LA.

Am J Clin Nutr. 2007 Dec;86(6):1804-5; author reply 1805-6. No abstract available.

Vitamin D insufficiency in children, adolescents, and young adults with cystic fibrosis despite routine oral supplementation.

Rovner AJ, Stallings VA, Schall JI, Leonard MB, Zemel BS.

Am J Clin Nutr. 2007 Dec;86(6):1694-9.

Dose response to vitamin D supplementation among postmenopausal African American women.

Talwar SA, Aloia JF, Pollack S, Yeh JK.

Am J Clin Nutr. 2007 Dec;86(6):1657-62.

Vitamin D in rheumatoid arthritis.

Cutolo M, Otsa K, Uprus M, Paolino S, Seriolo B.

Autoimmun Rev. 2007 Nov;7(1):59-64. Epub 2007 Aug 14. Review.

Vitamin D and aging: old concepts and new insights.

Lanske B, Razzaque MS.

J Nutr Biochem. 2007 Dec;18(12):771-7. Epub 2007 May 24. Review.

Reactivation of tuberculosis and vitamin D deficiency: the contribution of diet and exposure to sunlight.

Sita-Lumsden A, Lapthorn G, Swaminathan R, Milburn HJ.

Thorax. 2007 Nov;62(11):1003-7. Epub 2007 May 25.

## Vitamin E

Inhibition of hepatitis C virus replication by peroxidation of arachidonate and restoration by vitamin E.

Huang H, Chen Y, Ye J.

Proc Natl Acad Sci U S A. 2007 Nov 20;104(47):18666-70. Epub 2007 Nov 14.

Human plasma levels of vitamin E and carotenoids are associated with genetic polymorphisms in genes involved in lipid metabolism.

Borel P, Moussa M, Reboul E, Lyan B, Defoort C, Vincent-Baudry S, Maillot M, Gastaldi M, Darmon M, Portugal H, Planells R, Lairon D.

J Nutr. 2007 Dec;137(12):2653-9.

Vitamin E analogues inhibit angiogenesis by selective induction of apoptosis in proliferating endothelial cells: the role of oxidative stress.

Dong LF, Swettenham E, Eliasson J, Wang XF, Gold M, Medunic Y, Stantic M, Low P, Prochazka L, Witting PK, Turanek J, Akporiaye ET, Ralph SJ, Neuzil J.

Cancer Res. 2007 Dec 15;67(24):11906-13.

Vitamin E malabsorption and neurological consequences after gastrectomy for gastric cancer.

Rino Y, Suzuki Y, Kuroiwa Y, Yukawa N, Saeki H, Kanari M, Wada H, Ino H, Takanashi Y, Imada T.  
Hepatogastroenterology. 2007 Sep;54(78):1858-61.

Cellular, molecular and clinical aspects of vitamin E on atherosclerosis prevention.

Munteanu A, Zingg JM.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):538-90. Epub 2007 Aug 3. Review.

Regulatory role of vitamins E and C on extracellular matrix components of the vascular system.

Villacorta L, Azzi A, Zingg JM.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):507-37. Epub 2007 Jun 2. Review.

Vitamin E: an overview of major research directions.

Zingg JM.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):400-22. Epub 2007 Jun 2. Review.

Tocotrienols in health and disease: the other half of the natural vitamin E family.

Sen CK, Khanna S, Roy S.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):692-728. Epub 2007 Mar 27. Review.

Vitamin E analogues as a novel group of mitocans: anti-cancer agents that act by targeting mitochondria.

Neuzil J, Dong LF, Ramanathapuram L, Hahn T, Chladova M, Wang XF, Zobalova R, Prochazka L, Gold M, Freeman R, Turanek J, Akporiaye ET, Dyason JC, Ralph SJ.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):607-45. Epub 2007 Feb 23. Review.

Absorption, transport, and tissue delivery of vitamin E.

Rigotti A.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):423-36. Epub 2007 Jan 11. Review.

Modulation of signal transduction by vitamin E.

Zingg JM.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):481-506. Epub 2007 Jan 12. Review.

Anti-inflammatory properties of alpha- and gamma-tocopherol.

Reiter E, Jiang Q, Christen S.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):668-91. Epub 2007 Jan 11. Review.

Vitamin E metabolism.

Wu JH, Croft KD.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):437-52. Epub 2007 Jan 11. Review.

Vitamin E and neurodegenerative diseases.

Ricciarelli R, Argellati F, Pronzato MA, Domenicotti C.  
Mol Aspects Med. 2007 Oct-Dec;28(5-6):591-606. Epub 2007 Jan 11. Review.

Vitamin K

Undercarboxylated osteocalcin concentration in postmenopausal women receiving hormone therapy daily and on alternate days.

Yasui T, Uemura H, Umino Y, Yamada M, Kuwahara A, Matsuzaki T, Maegawa M, Furumoto H, Miura M, Irahara M.  
Menopause. 2006 Mar-Apr;13(2):314-22.

Multivitamins

Vitamins in aging, health, and longevity.

Thomas DR.  
Clin Interv Aging. 2006;1(1):81-91. Review.

Do diet, folic acid, and vitamins matter? What did we learn from the Women's Health Initiative, the Women's Health Study, the Women's Antioxidant and Folic Acid Cardiovascular Study, and other clinical trials?

Wenger NK.  
Cardiol Rev. 2007 Nov-Dec;15(6):288-90. Review.

Prenatal supplementation with multivitamins and the incidence of pediatric cancers: clinical and methodological considerations.

Goh YI, Koren G.  
Pediatr Blood Cancer. 2008 Feb;50(2 Suppl):487-9; discussion 498. Review.

Childhood cancer and vitamins: prevention and treatment.

Stallings VA.  
Pediatr Blood Cancer. 2008 Feb;50(2 Suppl):442-4; discussion 451. Review.

Nutritional management of patients with urea cycle disorders.

Singh RH.  
J Inherit Metab Dis. 2007 Nov;30(6):880-7. Epub 2007 Nov 25. Review.

Age related macular degeneration--should your patients be taking additional supplements?

Jones AA.  
Aust Fam Physician. 2007 Dec;36(12):1026-8. Review.

Status of selenium, vitamin E, and vitamin A among Saudi adults: potential links with common endemic diseases.

Al-Saleh I, El-Doush I, Billedo G, Mohamed Gel-D, Yosef G.  
J Environ Pathol Toxicol Oncol. 2007;26(3):221-43.

Nutritional supplementation: is it necessary for everybody?

Wienecke E, Gruenwald J.

Adv Ther. 2007 Sep-Oct;24(5):1126-35.

Usage patterns, health, and nutritional status of long-term multiple dietary supplement users: a cross-sectional study.

Block G, Jensen CD, Norkus EP, Dalvi TB, Wong LG, McManus JF, Hudes ML. Nutr J. 2007 Oct 24;30.

Dietary supplementation and quality of life of older patients: a randomized, double-blind, placebo-controlled trial.

Gariballa S, Forster S.

J Am Geriatr Soc. 2007 Dec;55(12):2030-4. Epub 2007 Oct 18.

## Carotenoids

Beneficial or detrimental effects of carotenoids contained in food: cell culture models.

Ranaldi G, Bellovino D, Palozza P, Gaetani S.

Mini Rev Med Chem. 2007 Nov;7(11):1120-8. Review.

Lutein, zeaxanthin and astaxanthin protect against DNA damage in SK-N-SH human neuroblastoma cells induced by reactive nitrogen species.

Santocono M, Zurria M, Berrettini M, Fedeli D, Falcioni G.

J Photochem Photobiol B. 2007 Jul 27;88(1):1-10. Epub 2007 May 1.

Low bioavailability of dietary epoxyxanthophylls in humans.

Asai A, Yonekura L, Nagao A.

Br J Nutr. 2008 Jan 11;:1-5 [Epub ahead of print]

Physiological dose of lycopene suppressed oxidative stress and enhanced serum levels of immunoglobulin M in patients with Type 2 diabetes mellitus: a possible role in the prevention of long-term complications.

Neyestani TR, Shariatzadeh N, Gharavi A, Kalayi A, Khalaji N.

J Endocrinol Invest. 2007 Nov;30(10):833-8.

Lycopene inhibits PDGF-BB-induced signaling and migration in human dermal fibroblasts through interaction with PDGF-BB.

Chiang HS, Wu WB, Fang JY, Chen DF, Chen BH, Huang CC, Chen YT, Hung CF.

Life Sci. 2007 Nov 10;81(21-22):1509-17. Epub 2007 Oct 2.

Longitudinal association of serum carotenoids and tocopherols with hostility: the CARDIA Study.

Ohira T, Hozawa A, Iribarren C, Daviglus ML, Matthews KA, Gross MD, Jacobs DR Jr.

Am J Epidemiol. 2008 Jan 1;167(1):42-50. Epub 2007 Oct 10.

Changes in carotenoid intake from fruit and vegetables in the Spanish population over the period 1964-2004.

Granado F, Blázquez S, Olmedilla B.  
Public Health Nutr. 2007 Oct;10(10):1018-23. Epub 2007 Feb 19.

Efficacy of lycopene in the treatment of gingivitis: a randomised, placebo-controlled clinical trial.

Chandra RV, Prabhuji ML, Roopa DA, Ravirajan S, Kishore HC.  
Oral Health Prev Dent. 2007;5(4):327-36.

Macular carotenoid levels of normal subjects and age-related maculopathy patients in a Japanese population.

Obana A, Hiramitsu T, Gohto Y, Ohira A, Mizuno S, Hirano T, Bernstein PS, Fujii H, Iseki K, Tanito M, Hotta Y.  
Ophthalmology. 2008 Jan;115(1):147-57.

Correspondence of the NCI Fruit and Vegetable Screener to repeat 24-H recalls and serum carotenoids in behavioral intervention trials.

Greene GW, Resnicow K, Thompson FE, Peterson KE, Hurley TG, Hebert JR, Toobert DJ, Williams GC, Elliot DL, Goldman Sher T, Domas A, Midthune D, Stacewicz-Sapuntzakis M, Yaroch AL, Nebeling L.  
J Nutr. 2008 Jan;138(1):200S-204S.

Lycopene inhibits disease progression in patients with benign prostate hyperplasia.

Schwarz S, Obermüller-Jevic UC, Hellmis E, Koch W, Jacobi G, Biesalski HK.  
J Nutr. 2008 Jan;138(1):49-53.

Plasma and dietary carotenoids are associated with reduced oxidative stress in women previously treated for breast cancer.

Thomson CA, Stendell-Hollis NR, Rock CL, Cussler EC, Flatt SW, Pierce JP.  
Cancer Epidemiol Biomarkers Prev. 2007 Oct;16(10):2008-15.

Systemic levels of carotenoids from mangoes and papaya consumed in three forms (juice, fresh and dry slice).

Gouado I, Schweigert FJ, Ejoh RA, Tchouanguep MF, Camp JV.  
Eur J Clin Nutr. 2007 Oct;61(10):1180-8. Epub 2007 Jul 18.

Effect of lycopene supplementation on insulin-like growth factor-1 and insulin-like growth factor binding protein- a double-blind, placebo-controlled trial.

Graydon R, Gilchrist SE, Young IS, Obermüller-Jevic U, Hasselwander O, Woodside JV.  
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