



BSAAM's 14th Annual  
Anti Ageing Conference  
London 2017 CPD accredited



Registration -



Conference -



Past -



Location -



Links -



# BSAAM's Anti Ageing Conference London 2017

BSAAM's 14th Annual Anti Ageing Conference London 2017  
Programme for Friday, October 13th, 2017  
8:30 am • Registration Opens



9:00 - 9:15 • Welcome  
Heather Bird MBA  
Chairperson, AACL. Founder and President, HB Health.  
Director, World Academy of Anti-Aging Medicine WAAAM  
Director, British Society of Anti-Ageing Medicine BSAAM  
Board member for ESAAM



9:15 - 9:40 • Lecture  
Metallothionine Balancing  
Dr Appukkuttannair Sreekumar MD  
MBBS, DLO, FACNEM, FINEM, FSAAARM (Hon.) C&MD -  
Wellness Solutions Pvt.Ltd, Kochi, India



9:40 - 10:05 • Lecture  
CR Mimetics in Nutrigeroprotection: Targeting the insulin-FOXO signaling pathway  
Prof Donald Craig Willcox MD  
Dr. Willcox is Visiting Professor in the Department of Geriatric Medicine at University of Hawaii and Co-Principal Investigator of the Okinawa Centenarian Study, a 30-plus year, ongoing study of the genetic and environmental correlates of exceptional longevity that identified the first gene to be associated with human longevity (Takata et al. Lancet 1987) and numerous lifestyle factors important to healthy aging.



10:05 - 10:30 • Lecture  
From Antiageing to Positive Ageing: The Amazing Field of Functional Redoxomics  
Prof Eugenio Luigi Iorio MD PhD  
President of Popular University of Lifestyle Medicine (Genova, Ascea, Italy) and International Observatory of Oxidative Stress (Salerno, Italy).

10:30 - 11:15 • Fruit Break



11:15 - 11:40 • Lecture  
Intestinal Gut Flora - Source of good Health & Longevity  
Prof Claus Muss PhD  
Prof. Claus is one of the leading expert in the field of preventative medicine, President of I-GAP



11:40 - 12:05 • Lecture  
Glyphosate, Genetically Modified Organisms( GMOs), Toxicity, and the Impact on the Microbiome of Soil and the Intestine  
Dr William Shaw PhD  
William Shaw received his Ph.D. in biochemistry and human physiology from the Medical University of South Carolina and is

board certified in clinical chemistry and toxicology. Dr. Shaw has supervised large endocrinology, nutritional biochemistry, toxicology, and immunology departments in positions at the Centers for Disease Control (CDC) and Smith Kline Laboratories in Atlanta, Georgia. As the Director of The Great Plains Laboratory, Inc. in Lenexa, Kansas, he specialises in providing diagnostic tools aiding in the diagnosis and treatment of mental health disorders, mitochondrial disorders, neurological diseases, chronic health issues, and immune diseases.



12:05 - 12:30 • Lecture

Unlocking the Aging Code: New Advancements in Telomere Diagnostics

Dr Tim Evans

Dr Tim Evans is the Medical Director of Blossom House School for children with learning and communication difficulties, sits on the Medical Committee of King Edward V11 Hospital and is a member of Council for the Chelsea Clinical Society. He was appointed as Apothecary to HM The Queen and The Royal Households of London in 2003.

12:30 - 13:00 • Speaker Panel

Prof Donald Craig Willcox

Prof Eugenio Luigi Iorio

Prof Claus Muss

Dr Appukkuttannair Sreekumar

Dr William Shaw

Dr Tim Evans

13:00 - 14:15 • Lunch Break



14:15 - 14:40 • Lecture

Female Sexual Dysfunction

Dr Jennifer Krup MD ABAAM

Jennifer Krup, M.D. has actively practiced medicine for 39 years. In 2000, she was invited to London, England to establish the UK's first Anti-Aging Center. After the successful launch of HB Health, Dr. Krup returned to Virginia Beach, Virginia, where, as medical director for Rejuvenage, she has successfully treated more than three thousand patients in her Personalized Medical Practice. Her science based practice focuses on healthy aging utilizing Bioidentical Hormone Replacement Therapy (BHRT) and lifestyle changes necessary to achieve optimal health and wellness



14:40 - 15:05 • Lecture

Empowering You to Reach Optimum Health....Nature's Way

Dr Zayd Ratansi

Dr Zayd Ratansi is a licensed Naturopathic Physician with advanced certifications in hyperbaric medicine, bio oxidative medicine, low level light therapy, chelation therapy and environmental medicine. He received his BSc from the University of British Columbia in Vancouver and Doctoral of Naturopathic Medicine from Bastyr University in Seattle, Washington in 1998. Dr Ratansi currently works as the Medical Director and Naturopathic Physician for

Wellness Without Limits, LLC in Florida and also holds an active license in California and Washington State as a Naturopathic Doctor.



15:05 - 15:30 • Lecture

Osteoporosis and Bone Health in the Light of the New Bone Biology  
Dr Nicholas J. Miller MA MSc PhD CSci MCB FRCPath

Nick Miller is Laboratory Director of Biolab Medical Unit, having previously held a number of hospital and academic posts. He is a European Specialist in Clinical Chemistry and Laboratory Medicine and holds PhD in free radical chemistry from the University of London. Most of his publications in the medical literature concern the role of free radicals and antioxidants in diet and disease.

15:30 - 16:15 • Fruit Break



16:15 - 16:40 • Lecture

Health starts in the Mouth

Prof Tilmann Fritsch PhD

Prof. Tilmann is a professor of dentistry, founder of [www.nam-zahnheilkunde.de](http://www.nam-zahnheilkunde.de)



16:40 - 17:05 • Lecture

NAD+ Precursors as Therapeutic Agents for Age-related Degenerative Diseases

Dr Nady Braidy

Australian Research Council Discovery Early Career Postdoctoral Research Fellow UNSW Medicine, School of Psychiatry, AUSTRALIA



17:05 - 17:35 • Lecture

The Effects of The TDOS Syndrome (Toxicity, Deficiency Obesity and Stress) on human life and what can be done about it.

Dr Joshua Dunsky DC

Chiropractic Physician, Boston Scoliosis Specialists, Dunsky Rehabilitation & Spine, Framingham, Massachusetts. Founder of the American Spinal Decompression Association

17:35 - 18:00 • Fruit Break



18:00 - 18:25 • Lecture

Introducing ICT driven self-care into AA medicine paradigm.

How AA doctors can play a key role in the e-health scenario.

Ing. Luigi Alfonso Cuozzo

Ing. Luigi Alfonso Cuozzo is a Business Development Consultant for Anti-Ageing Medical Centres Worldwide, he is also a Consultant for International trading and industrial companies. He is a long-term expert in the management of health programmes within private clinics and healthcare institutes. He has substantial expertise in communications, marketing and finance within the healthcare sector.



18:25 - 18:50 • Lecture

Positive Nutrition and Nutraceutical Interventions for Improving Healthspan and Longevity

Prof Giovanni Scapagnini MD PhD

Currently an Associate Professor of Clinical Biochemistry and Molecular Biology at Università of Molise, Italy. He was previously employed as an Assistant Professor at the Blanchette Rockefeller Neurosciences Institute, West Virginia University, Rockville, MD and at the Institute of Neurological Sciences, Italian National Research Council. He also worked as a Visiting Scientist at the NINDS, National Institute of Health, Bethesda, MD, and at the Northwick Park Institute for Medical Research, Harrow, UK. Since 2004, he is a Visiting Professor at the University of Maryland (IHV), Baltimore, MD. Dr. Scapagnini is a founder and member of the Board of Directors of the Italian Society of Nutraceuticals SINUT. His current work focuses on the functional roles of food phytochemicals as redox regulators of aging process.

18:50 - 19:10 • Speaker Panel

Prof Giovanni Scapagnini

Prof Tilmann Fritsch

Ing. Luigi Alfonso Cuozzo

Dr Jennifer Krup

Dr Zayd Ratansi

Dr Nicholas J. Miller

Dr Joshua Dunsky

Dr Nady Braidy

19:10 • Conference Adjourned

Programme for Saturday, October 14th, 2017

8:30 am • Registration Opens



9:15 - 9:40 • Lecture

Emerging Pharma Compounds

Mr Nikolas Psathas PharmD Phar

A leader in his field, Nikolas is a pharmacist, researcher and lecturer. He is Board Certified in Anti-Ageing and Functional Medicine. He is also the founder and CEO of NP Compounding Pharmacy.



9:40 - 10:05 • Lecture

The Second Brain for your Healthy Aging.

Dr Veronica Di Nardo

Dr. Veronica Di Nardo, Biologist Nutritionist, is adjunct Professor at Guglielmo Marconi University in Rome where she teaches nutrition and antiaging life style. Dr. Veronica Di Nardo is European Second Level Master in Integrative Oncology.



10:05 - 10:30 • Lecture

Clostridia bacteria as the cause of neurological and psychiatric disease: critical environmental causes of new epidemics

Dr William Shaw PhD

William Shaw received his Ph.D. in biochemistry and human physiology from the Medical University of South Carolina and is



board certified in clinical chemistry and toxicology. Dr. Shaw has supervised large endocrinology, nutritional biochemistry, toxicology, and immunology departments in positions at the Centers for Disease Control (CDC) and Smith Kline Laboratories in Atlanta, Georgia. As the Director of The Great Plains Laboratory, Inc. in Lenexa, Kansas, he specialises in providing diagnostic tools aiding in the diagnosis and treatment of mental health disorders, mitochondrial disorders, neurological diseases, chronic health issues, and immune diseases.



10:30 - 10:55 • Lecture

The Key to Health and Longevity - the Ultimate Lifestyle Strategies

Prof Karl J Neeser PhD

Born 1947, is one of the leading Anti-Aging Research Scientists in Asia. He earned Master degrees in Exercise Physiology and Physical Education, as well as a Doctor degree in Philosophy & Health Science. Karl J. Neese's effort to study the field of anti-ageing for more than twenty years reflects his own diverse experiences. He has been Professor at Lausanne University/Switzerland, Founder/Manager of two European Top Health Clubs and has authored several books. Today he is a worldwide appreciated Health Consultant, Key Speaker and lives in Bangkok/Thailand where he is currently a Professor at Chulalongkorn University School of Sports Science.

10:55 - 11:45 • Fruit Break



11:45 - 12:10 • Lecture

Interest of Biological Age Measurement in Young Adult Population

Prof Christophe de Jaeger

Unité de Physiologie de la sénescence - Institut Européen de la Longévité, Paris, France



12:10 - 12:35 • Lecture

Kefir and the role it can play in positive aging.

Dr Cristiana Aperia

Dr Cristiana Aperia is a Biologist Nutritionist. She graduated in Economy at University of Ancona then with distinction at University of Camerino in Biology of Nutrition and in molecular diagnostic both. She is now working as a private professional in clinical nutrition especially in anti-aging, menopause management, polycystic ovaries in teen ager, couples infertility, endometrioses and oncologic patients. She is adjunct Professor at University of Camerino ( SSFO Scuola di specializzazione in farmacia ospedaliera) and she works as as part of Next genomics team, scientific and technologic pole of Universit of Florece for research and development. She got the European second level master in Integrative oncology.



12:35 - 13:00 • Lecture

Promotion of Cellular NAD+ Anabolism as a Strategy to Improve Cellular Senescence

Dr Nady Braidy

Australian Research Council Discovery Early Career Postdoctoral  
Research Fellow UNSW Medicine, School of Psychiatry,  
AUSTRALIA



13:00 - 13:25 • Lecture

Osteoporosis/Stress Fractures - Dangers of Drugs

Dr Sergey A Dzugan MD PhD

Co-founder and Chief Scientific Officer of the Dzugan Institute of Restorative Medicine, Deerfield Beach, FL. Dr. Dzugan is a former heart surgeon. International Academy of Creative Endeavors (Russia) awarded Dr. Dzugan with the honorary title of Academician for outstanding contribution to the development of new methods of hypercholesterolemia and migraine treatment.

13:25 - 13:55 • Speaker Panel

Mr Nikolas Psathas

Prof Karl J Neeser

Prof Christophe de Jaeger

Dr William Shaw

Dr Veronica Di Nardo

Dr Cristiana Aperio

Dr Nady Braidy

Dr Sergey A Dzugan

13:55 • End of 2017 Conference

This program may be subject to change.