

Organised by



under the patronage of

HRH Sultan Muhammad V The Sultan of Kelantan, Malaysia

In association with



Inaugural World Congress in Anti-Aging, Aesthetic, Regenerative, Nutritional and Exercise Medicine (WAAARNEM) in conjunction with the 14th Malaysian Conference and Exhibition & 7th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

THE BORDERLESS AGE AND BEYOND



PRELIMINARY ANNOUNCEMENT

28th - 30th April 2017

Sheraton Imperial Kuala Lumpur, Malaysia

In collaboration with



Programme At A Glance

DAY 1, 28th April 2017 Friday

	<i>Ballroom 1</i>	<i>Ballroom 2</i>	<i>Ballroom 3</i>
09.00am - 10.30am	Introductory Course on Nutritional Medicine	Aesthetic Medicine	Anti-Aging Medicine & Regenerative Medicine
10.30am - 11.00am	TEA BREAK		
11.00am - 12.30pm	Introductory Course on Nutritional Medicine	Aesthetic Medicine	Anti-Aging Medicine & Regenerative Medicine
12.30pm - 02.00pm	LUNCH		
02.00pm - 04.30pm	Introductory Course on Nutritional Medicine	Aesthetic Medicine	Anti-Aging Medicine & Regenerative Medicine
04.30pm - 05.00pm	TEA BREAK		
05.00pm	14th Annual General Meeting of Society of Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM)		

DAY 2, 29th April 2017 Saturday

	<i>Ballroom 1</i>	<i>Ballroom 2</i>	<i>Ballroom 3</i>
09.00am - 10.30am	Nutritional and Exercise Medicine	Aesthetic Medicine	Anti-Aging Medicine & Regenerative Medicine
10.30am - 11.00am	TEA BREAK		
11.00am - 12.30pm	Nutritional and Exercise Medicine	Aesthetic Medicine	Anti-Aging Medicine & Regenerative Medicine
12.30pm - 01.00pm	FREE PAPERS		
01.00pm - 02.00pm	LUNCH		
02.00pm - 04.30pm	Nutritional and Exercise Medicine	Aesthetic Medicine	Anti-Aging Medicine & Regenerative Medicine
04.30pm - 05.00pm	TEA BREAK		
07.30pm - 11.00pm	GALA DINNER and Awards Presentation Ceremony officiated by His Royal Highness Sultan Muhammad V The Sultan of Kelantan		

DAY 3, 30th April 2017 Sunday

	<i>Ballroom 1</i>	<i>Ballroom 2</i>	<i>Ballroom 3</i>
09.00am - 10.30am	The St Elizabeth - Graduation Ceremony SAAARMM/St Elizabeth University		
10.30am - 11.00am	TEA BREAK		
11.00am - 12.30pm	Nutritional and Exercise Medicine	Master Class in Aesthetic Medicine Session 9	Anti-Aging Medicine & Regenerative Medicine
12.30pm - 02.00pm	LUNCH		
02.00pm - 04.30pm	Nutritional and Exercise Medicine	Master Class in Aesthetic Medicine Session 10	Anti-Aging Medicine & Regenerative Medicine
04.30pm - 05.00pm	TEA BREAK		

Master Class Sessions & Exams

27th April 2017 Thursday

2.00pm - 6.00pm	Langkawi	Labuan
	Master Class in Aesthetic Medicine Session 1	<i>Secretariat & Preparation</i> PCAMP Oral Exam

28th April 2017 Friday

9.00am - 1.00pm	Langkawi	Labuan
	Master Class in Aesthetic Medicine Session 2	Master Class in Aesthetic Medicine Session 3
1.00pm - 5.00pm	Master Class in Aesthetic Medicine Session 4	Master Class in Aesthetic Medicine Session 5

29th April 2017 Saturday

9.00am - 1.00pm	Langkawi	Labuan
	Master Class in Aesthetic Medicine Session 6	PCNM & ABAAARM Exam (9.30am - 12.30pm)
1.00pm - 5.00pm	Master Class in Aesthetic Medicine Session 7	Master Class in Aesthetic Medicine Session 8

SAAARMM's New Platform

The **INAUGURAL WORLD CONGRESS IN ANTI-AGING, AESTHETIC, REGENERATIVE, NUTRITIONAL AND EXERCISE MEDICINE (WAAARNEM)** will be held in conjunction with the **14th Malaysian Conference and Exhibition & 7th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine.**

Dates: 28th - 30th April, 2017 | **Venue:** Sheraton Imperial Kuala Lumpur, Malaysia

Programme Highlights

Theme: The Borderless Age and Beyond

This prestigious event will have 3 concurrent sessions spread over 3 days:

Track 1

Introductory Course (Part One) on Nutritional Medicine on day one with **Nutrition and Exercise Medicine** for the next two days

Venue: Ballroom 1

Track 2

Aesthetic Medicine

Venue: Ballroom 2

Track 3

Anti-Aging and Regenerative Medicine

Venue: Ballroom 3

Master Class in Aesthetic Medicine inclusive of Master Class/Video Demonstrations/Practical Sessions

Venue: Langkawi and Labuan Rooms

Professional Certificate in Aesthetic

Medical Practice (PCAMP) Oral Examination and Log Book review conducted by SAAARMM

27th April 2017

2.00pm to 6.00pm

Professional Certificate in Nutritional

Medicine (PCNM) Examination

28th April 2017

9.30am to 12.30pm

ABAAARM Examination

29th April 2017

9.30am to 12.30pm

Gala Dinner and Award Presentation Ceremony

29th April 2017

7.30pm to 11.00pm

The St Elizabeth - Graduation Ceremony SAAARMM/St Elizabeth University

30th April 2017

9.00am to 10.30am

Registration is Open!

Don't want to miss the chance to join **The INAUGURAL WORLD CONGRESS IN ANTI-AGING, AESTHETIC, REGENERATIVE, NUTRITIONAL AND EXERCISE MEDICINE (WAAARNEM)**

which will be held in conjunction with the **14th Malaysian Conference and Exhibition & 7th International Congress on**

Anti-Aging, Aesthetic and Regenerative Medicine

Dates: 28th - 30th April 2017

Venue: Sheraton Imperial Kuala Lumpur, Malaysia

Certificates will be Awarded

- Introductory Course in Nutritional Medicine
- **Masterclass Certification in Aesthetic Medicine**
- Participants who have completed all three courses in Nutritional Medicine will receive the:
- **Professional Certificate in Nutritional Medicine**
- Participants of the three-day course will receive a **Certificate of Attendance**

Abstract Submission is Open!

The Organising Committee welcomes the submission of original papers for oral and poster presentation. Please refer to Guidelines for Abstract Submission. Please note that submitted abstract(s) will be processed only after the author's registration form is received.

Important Dates

Registration Open
15th October 2016

Deadline for Early Bird Registration
15th January 2017

Abstract Submission Open
15th October 2016

Welcome Message from SAAARMM Executive Committee and Organising Committee of WAAARNEM 2017

Dear Friends and Colleagues

The Executive Committee of the Society for Anti-Aging, Aesthetic and Regenerative Malaysia (SAAARMM) and the Organising Committee of WAAARNEM 2017 would like to welcome you to join us at the 1st World Congress in Anti-Aging, Aesthetic, Regenerative, Nutritional and Exercise Medicine (WAAARNEM) in conjunction with the 14th Malaysian Conference and Exhibition and 7th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine, which will be held on 28th - 30th April, 2017, at Sheraton Imperial Kuala Lumpur, Malaysia.

The theme for WAAARNEM 2017 is 'The Borderless Age and Beyond'.

We have an exciting Scientific Programme planned out for you this year, with three concurrent tracks on:

- Nutritional and Exercise Medicine
- Aesthetic Medicine
- Anti-Aging Medicine and Regenerative Medicine

We have also planned a Master Class programme on Aesthetic Medicine, specially designed with workshops and lectures on the latest developments and findings in Aesthetic Medicine.

To further enhance the Conference, we have invited world renowned Speakers to update us on the latest research and technologies on Anti-Aging, Aesthetic, Regenerative, Nutritional and Exercise Medicine. We welcome you to join us again at our conference, which is part of an essential platform where global Anti-Aging and Aesthetic industry suppliers and experts share and showcase their ground breaking scientific knowledge, products and treatments for all medical professionals.

During this Conference, a door of opportunity is being opened for those who are interested to participate in the Professional Certificate of Medical Practice and Professional Certificate on Nutritional Medicine examinations:

- PCAMP Oral Exam: 27th April, 2017, at 2.00pm - 6.00pm
- PCNM Exam: 29th April 2017, at 9.30am - 12.30pm

As in previous years, the ABAARM Examination is being held again during our Conference. This year, scheduled for 29th April 2017, 9.30am - 12.30pm.

We are proud to announce that at WAAARNEM 2017, we have the University Malaysia Kelantan (UMK) joining us officially with a large scale participation.

The St Elizabeth - Graduation Ceremony SAAARMM/St Elizabeth University will be held again this year, on 30th April 2017, at 9.00am - 10.30am.

We are greatly honoured, to have our Patron, His Royal Highness Sultan Muhammad V The Sultan of Kelantan grace the annual Gala Dinner and Awards Presentation Ceremony at WAAARNEM 2017. As always, it will be an evening to remember, with heart-warming entertainment and an exquisite dinner.

See you at WAAARNEM 2017!

**SAAARMM Executive Committee
& Organising Committee of WAAARNEM 2017**

For enquiries, please contact:

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SAAARMM Executive Committee & Organising Committee of WAAARNEM 2017



President

Prof Dato' Dr Selvaraj Y Subramaniam, DJMK, JMK

MD (USM), MSc (University of Bath, UK), PhD (St Elizabeth University, EU), FFIMS, FFSEM (Ireland), MFSEM (UK), FINEM (INMA), FMNM (USA), FRNS (UK), FSSEMM, FSAARMM
Board Certified Physician FAARM, ABAARM, Sports Physician
Letter of Credentialing and Privileging, Aesthetic Medical Practices, Ministry of Health, Malaysia (LCP)
Occupational Health Doctor (NIOSH)



Founder and Past President

Dato' Dr S Harnam

DSMT, DPMT, DJMK, JP, JSD, MBBS (S'pore), FAMB, FICS, FACS, DLO (RCP Lond, RCS Eng), FAAO-HNS, FRCS (Edinburgh), FRCS (England), FMSAI, FSAARMM, FINEM (INMA)
Board Certified Physician (ABAARM)
Consultant ENT / Head & Neck Surgeon



Vice President

Dr Kamalakaran Karanakaran

MBBS, PGDip Occ Med (UKM), MSc Public Health (St Elizabeth University, EU)
FAGE (Manipal), FINEM (INMA), FSAARMM
Board Certified Physician (ABAARM)
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)
Diploma in Nutritional Medicine (St Elizabeth University, EU) Diploma Family Medicine (Academy of Family Physician, Malaysia)
Diploma In Reproductive Medicine (UPM)
Diploma in STD and HIV (Prince Songkla University, Thailand)
Occupational Health Doctor (NIOSH)



Secretary

Datin Dr Kamaria Idris

MBBS, Board Certified (AARAM, USA), FSAARMM
Diplomate (ABAARM)
FINEM (INMA) Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)
Diploma in Nutritional Medicine (St Elizabeth University, EU)



Assistant Secretary

Dr Kuljit Singh

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MBBS (Manipal), FAGE (Manipal), MTLs, FSAARMM
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Treasurer

Dr Leela Velusamy

MBBS (India), MSc in Public Health (St Elizabeth University, EU)
Masters Social Science Skilled Dermatology (UK)
MSc in Cognitive Behavioural Therapy (UK), FICGP, FIAMS (Hons)
AARAM (USA), FINEM (INMA), FSAARMM
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)
Diploma in Nutritional Medicine (St Elizabeth University, EU)



Committee Members

Dato' Dr Jekinder Singh Gendeh

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MBBS (Kashmir), LM, DGO, DCH (Dublin, Ireland), FINEM (INMA), FSSEMM
PG Dip Sports and Exercise Medicine (University of Bath, UK)
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Manipal Alumni Association Malaysia - Vice President



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